

THE INJUSTICE WOUND

THREE OF FIVE PRIMARY WOUNDS

CHARACTERISTICS:

- Experiences or perceives experiencing injustice by others.
- Self-protection: the "harsh rigid" mask.
 - Difficulties in admitting vulnerability or having problems.
 - Constant optimism.
 - Fear of losing control.
 - Unaware of your own injustice towards others.
 - Difficulty showing feelings, comes across as distant and "cool."
 - Difficulty creating a satisfying intimate relationship.
 - Very high demands on the body.
 - Great acceptance of pain and cold.
 - A tendency to criticize others and yourself, can come across as smug or "righteous."
 - Puts facts and skills above feelings.
 - Contemplates revenge or "balancing the scales."
- Anxiety: Chill****.
- Shadow Chakra: Fifth Chakra (Throat Chakra which governs communication, self-expression, and the ability to speak your personal truth).
- Life's Greatest Lesson: Flexibility.

WAYS TO ACCEPT & FORGIVE YOUR WOUND:

- When you are feeling injustice, remind yourself everything is just in the eyes of the Creator. Or that meaning is completely subjective.
- Purchase our Heal Your Injustice Wound package in the store www.thisspiritualfix.com/shop
- A mantra could be, "No one is above me, no one is below me: I am happiest when I am connect to all."
- Another mantra, "I release the need to be 'right' I surrender to Life."